

<b>KM</b>	<b>DISTANCE MARKERS</b>
2	SYLVAN AVE
4	CRYSTAL PALACE
6	DANKSE MOBILER
8	MOTORWAY LIGHTS
10	WAIKOWHAI SCHOOL
12	HOWELL ST
14	DENNY AVE
16	TRANMERE RD
18	WALTERS RD
20	NIXON ST
21	YMCA

**WEEK ONE – 28 JANUARY 2024 – 21km**

**ROUTE:**

L K RD – R SYMONDS ST – L MT EDEN RD – L MT ALBERT RD  
R HILLSBOROUGH RD – R DOMINION RD EXT – L RICHARDSON RD  
R MAY RD – L STODDARD RD – R SANDRINGHAM RD – BOND ST  
R GT NORTH RD – TO Y

**WATER/TOILETS**

MT EDEN RD – MT EDEN RD/MT ALBERT RD – DOMINION RD EXT  
ROUNDBOUT – SANDRINGHAM RD

**HALF MARATHON – 15km**

R MT ALBERT RD – R SANDRINGHAM RD AND BACK TO Y