

KM	DISTANCE MARKER
2	MARSDEN WHARF SIGN
4	100m B4 PARNELL BATHS O'BRIDGE
6	ROYAL AKARANA YACHT CLUB
8	TAMAKI YACHT CLUB
10	ROYAL AKARANA YACHT CLUB
12	100m PAST PARNELL BATHS BRIDGE
14	MARSDEN WHARF SIGN
16	YMCA

WEEK FOURTEEN – 28 APRIL 2024 – 16km

ROUTE:

PITT ST – R HOBSON ST – R FANSHAWE ST – L LWR ALBERT –
R QUAY ST – TAMAKI DRIVE – TO TAMAKI YACHT CLUB –
TURN AND RETURN TO YMCA via SAME ROUTE

WATER/TOILETS:

OKAHU BAY

HALF MARATHON – 16km

AS ABOVE