

KM	DISTANCE MARKERS
2	KHYBER PASS/CAPTAIN COOK STATUE
4	MT ST JOHN AVE
6	ST ANDREWS RD
8	VOLCANIC ST
10	ALBERTON AVE
12	RICHARDSON RD
14	ASH ST
16	FREMLIN PLACE
18	ENTRANCE TO WALKWAY
20	MOTORWAY GANTRY JUST BEFORE END OF WALK WAY
22	MOTIONS RD
24	WILLIAMSON AVE
26	HOWE ST
26.5	YMCA

WEEK FIVE – 25 FEBRUARY 2024 – 26.5km

ROUTE:

L K RD – GRAFTON BRIDGE – PARK RD – L KHYBER PASS –
R BROADWAY – MANUKAU RD – R GREEN LANE WEST – BALMORAL RD – ST
LUKES RD – L NEW NORTH RD – R BLOCKHOUSE BAY RD –
L ROSEBANK RD - R to FOOTPATH BESIDE NW MOTORWAY –
L GT NTH RD – PT CHEV – CHINAMANS HILL – K RD – L PITT ST – Y

WATER/TOILETS:

RANFURLY RD, POTTERS PARK, MT ALBERT PARK, AVONDALE,
PT CHEV, SURREY CRES (**HALF** – WESTERN SPRINGS)

HALF MARATHON – 16km

Stay on ST LUKES RD – R GT NORTH RD – L BULLOCK TRACK – R SURREY
CRES – L RICHMOND RD – R SACKVILLE ST – R RICHMOND RD – R
PONSONBY – L HOPETOUN ST – Y